

SECTION #8

DEFENSIVE PHILOSOPHY

Defensive Philosophy

1. **Be sound in all of our defensive alignment and coverages**
2. **Play fast and physical**
3. **Pressure the quarterback from the launch point**
4. **Create turnovers and turn them into points**
5. **Force defensive stops**
6. **Limit homeruns over the top. Force our opponents to take snaps to move the ball down the field**
7. **Ability to stop the run and gadget plays in the red-zone**
8. **Have a short memory. Understand that we will give up scores- that is the nature of this game. Approach each drive as an individual battle. We don't have to win them all to win the war.**

Defensive Objectives

1. **Pressure the quarterback. We must get an effective pass rush to be effective in this game.**
2. **Get defensive stops. Force our opponents to attempt field goals**
3. **Force turnovers. Convert turnovers into defensive scores.**
4. **Have a proper understanding of our contingency defense and clock management strategies and how they relate to the defensive side of the football**
5. **Minimize defensive penalties**
6. **Swarm to the football**
7. **Be physical inside the redzone. Shut down the run**
8. **Be sound in our defensive coverages. Understand how the opponent is attempting to attack us week to week.**